

Gaga Ball Rules

- 1. Designate one non-player as the referee. The referee is the sole authority during play and is responsible for settling disputes and ensuring fair play.
- 2. The referee begins play only after all players are standing in the gaga court and have indicated that they are ready to start the game.
- 3. One player tosses the ball up in the air. Players yell "ga" on the first bounce and "ga" again on the second bounce, and the ball is then in play.
- 4. Players hit the ball with their hands only, and may not carry or throw the ball it must be punched with open hand or fist.
- 5. Anytime the ball hits a wall, it then can be caught by another player and they begin to punch the ball along the ground.
- 6. Any player, who is touched by the ball, either directly or by a rebound off the wall, is "out" or must step out of the circle.
- 7. If the ball contacts a player or a player's clothing below the waist, that player is eliminated. If the ball contacts the player above the waist, the player is still in.
- 8. If the ball goes out of the gaga court, the last player to touch the ball is eliminated.
- 9. If a player catches the ball before it bounces, the player who had the last contact with the ball is eliminated.
- 10. Once the player hits the ball, he or she must wait until the ball touches someone else before hitting it again (no double touches).
- 11. If there are only two players remaining, a player may hit the ball up to 3 times in a row. The ball is "rejuvenated" by contact with the wall, and the hit count resets.
- 12. Some gaga games are designed to be team efforts, although the sport is traditionally a one against-all competition. Teaming, or intentional passing of the ball to other players, is allowed only at the discretion of the referee and must be specified in advance of play.
- 13. There are plenty of variations available, and like 4-square, you can certainly make your own house rules!